# **DIVERSE EXPERIENCES OF SERVICE**

#### **Diverse Military Families Require Modern Support**





RECOMMEND SERVICE TO OWN CHILDREN



of male service members and spouses

## **TOP STRESSORS**

Female Service Members Impact of Service on Children

Male Service Members

**Deployments** 

#### **FINANCIAL TRANSITION IS** DIFFICULT

of female veterans

of male veterans

## THOSE LIKELY TO LEAVE SERVICE **IN NEXT TWO YEARS**

41% of female service members **Top 3 Reasons Dual Military Service** Members

**Plan to Exit** 

Service\*

35%

MILITARY LIFESTYLE DIDN'T ALLOW ME SUFFICIENT TIME WITH FAMILY

CONCERNS ABOUT IMPACT OF MILITARY SERVICE ON FAMILY

**TOO MANY DEPLOYMENTS/ OPTEMPO TOO HIGH** 

LOST FAITH OR TRUST IN MILITARY **OR POLITICAL LEADERSHIP** 

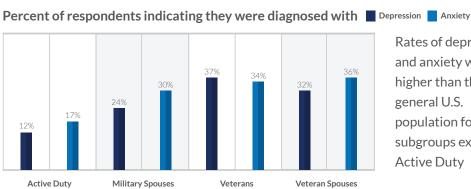
of male service members

\*other than military retirement



**OPTEMPO** is stressful for healthy work/family life





Rates of depression and anxiety were higher than the general U.S. population for all subgroups except Active Duty

bluestarfam.org/survey