COVID-19 Military Support Initiative

Pain Points Data

Data included here was collected from April 8-14, 2020, as part of CMSI “Pain Points Poll.”
Polling and analysis made possible by Booz Allen Hamilton and USAA
Questions about this information should be directed to survey@bluestarfam.org.

Acute Pain Points:

- 91% of military family respondents indicate that educational services for children are needed in their community during this crisis.
- 36% of military family respondents are doing about the same as they were 2-4 weeks ago, while 50% say they are doing worse, and 14% say they are doing better.
- 36% of military family respondents have no pre-existing anxiety or depressive disorder diagnosis, but are now experiencing symptoms as a result of the crisis.
- 18% of military family respondents with school-aged children indicate their child’s grades have decreased since the outbreak began, up from 6% in week one of polling.
- 9% of military family respondents (or their spouses) have applied for unemployment benefits.

Military Children:

- 57% of military family respondents with school aged children, report their child’s behavior has changed due to their inability to interact with peers during the outbreak.
  - 39% indicated their child is acting out more than usual

Food Insecurity:

- 9% of military family respondents have a member of their household that is at high-risk of infection and family cannot shop for groceries or medicine for fear of exposure.
- 6% of military family respondents indicate a member of their household has dietary restrictions and family is unable to find the food they need.

Mental Health:

- 29% of military family respondents indicated that they have an existing anxiety or depressive disorder diagnosis that has worsened as a result of the crisis.
- 25% of respondents indicate they have no existing sleep disorder diagnosis, but are experiencing sleep difficulties as a result of the crisis.

Community Services:

- 60% of military family respondents would like grocery delivery or curb-side pick-up.
- 59% of military family respondents would like virtual activities of kids.
- 56% of military respondents would like more educational services for their children.
- 50% of military family respondents would like more communication about resources and services.

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