Blue Star Families’ annual Military Family Lifestyle Survey provides a comprehensive understanding of what it means to serve as a military family. For that reason, it is a blueprint for strengthening America, identifying how we can continue to enhance military family life.

This infographic represents a geographic cross-section of the results of active-duty (51%), veteran (30%), National Guard (6%), and Reserve (13%) family respondents. Unless otherwise stated, all statistics reflect the full sample who selected “self” or “spouse.” When referencing this data, please consider that the majority of respondents reported here are White/non-Hispanic, military spouses, representing senior enlisted ranks, 31% are active-duty Army, 21% are Airforce, 9% are Navy, 8% are Marine Corps, and 7% are Coast Guard. The average age of respondents here is 40, 70% are female, and 29% report they are unpaid caregivers.

### BOLSTERING BELONGING

#### LOCAL CULTURAL COMPETENCE

- **56%** feel local civilians support military families (n=246)
- **26%** have no opinion (n=246)

#### SENSE OF BELONGING

- **54%** feel welcome in their local civilian community (n=239)
- **32%** have no opinion (n=239)

#### LOCAL CULTURAL COMPETENCE

- **41%** local civilians appreciate sacrifices local military families make (n=246)
- **19%** have no opinion (n=246)

#### SENSE OF BELONGING

- **23%** feel local civilians understand sacrifices local military families make (n=245)
- **11%** have no opinion (n=245)

#### LOCAL CULTURAL COMPETENCE

- **27%** feel they do not have a voice in local civilian community (n=236)
- **33%** have no opinion* (n=236)

#### SENSE OF BELONGING

- **35%** do not feel a sense of belonging to their local civilian community (n=240)
- **31%** have no opinion* (n=240)

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**TOP 5 ISSUES RANKED**

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**TOP ISSUE RANKED**

- **Access to VA/military health care** (Including continuity of care and mental health care) (n=67)

**IN COLLABORATION WITH:**

- Blue Star Families
- Institute for Veterans and Military Families
SNAPSHOT OF MILITARY FAMILIES IN THE NEW YORK TRI-STATE REGION

HOUSING

MILITARY COMMUNITY SERVICE REQUIRING THE MOST IMPROVEMENT
45% say all in local civilian community do not have access to safe and affordable housing
50% (n=116) (n=197)

EMPLOYMENT AND FINANCIAL READINESS

16% are “not at all likely” to identify military affiliation in interview
67% experience stress due to current financial situation
(n=116) (n=204)

CONTACT INFORMATION

Questions about the annual Military Family Lifestyle Survey or ways to support?
survey@bluestarfam.org

Questions about Blue Star Families’ New York Tri-State Chapter?
newyork@bluestarfam.org

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n = total responses to each question
1 active-duty families only
2 excludes active-duty service members