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ACTIVE-DUTY FAMILY RESPONDENTS

Blue Star Families' annual Military Family Lifestyle Survey (MFLS) provides a comprehensive understanding of what it means to serve as a military family.

This infographic represents a geographic cross-section of 2020 MFLS data that only includes active-duty families.

When referencing this data, please consider the following sample demographics:

- 63% are white, non-Hispanic
- 90% are female
- 81% are active-duty spouses
- 81% are enlisted ranks
- 59% are affiliated with the Navy, 18% Air Force, 13% Army, 4% Marine Corps, and 1% Coast Guard
- The average age of respondents is 34
- 89% have children
- 38% are unpaid caregivers





IN COLLABORATION WITH

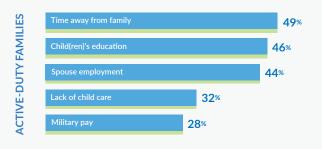


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2020 ILLINOIS RESULTS



Top Family Issues (n=219)



Top Family Issues (n=92)



*Veteran family sample demographics:
75% white
56% female
67% veterans
33% spouse of a veteran

Veteran respondents were not included in the statistics calculated within this infographic

Average age: 46

FINANCIAL READINESS



experience stress due to current financial situation (n=173)

Top contributors to current financial stress (n=128)



Excessive Credit

Card Debt

(31%)

Student Loans



Out-of-Pocket Child Care Costs

TIME AWAY



70%

find OPTEMPO stressful for healthy work/family life (n=192)

21%

LOCAL CONNECTIONS

experienced 6+ months of separation in the last 18 months (n=177)

HOUSING



of those who live off-base pay more than \$200 in out-of-pocket housing costs per month (n=115)

Top factors for choosing current housing (n=174)

- Distance to base/installation
- Safety of my family
- Pets allowed
- BAH fully covers cost

CHILDREN



cannot always find child care that works for their current situation (n=118)



have a child with special needs (n=171)



40%

know two or more people in their local community well enough to ask for a favor (n=173)

have two or more

community (n=164)

friends in their local

SPOUSE EMPLOYMENT**

Are you currently employed? (n=131)



No, but I want or need paid employment



No, and I don't want or need paid employment

MENTAL HEALTH



do not receive mental health care but would like to (n=156)

n = total responses to each question BAH = Basic Allowance for Housing OPTEMPO = operational tempo **Active-duty spouses



2020 COVID-19 IMPACTS IN ILLINOIS

MILITARY CHILDREN'S EDUCATION

Method of delivery for oldest child (n=129)



12%



Hvbrid



Online/Virtual

In-Person

believe COVID-19 has made their child(ren)'s education worse (n=140)



believe their oldest child is thriving in his/her school (n=123)

EMPLOYMENT

To what degree did COVID-19 impact your employment situation?

Active-duty spouses (n=118)



FINANCES

To what degree did COVID-19 impact your personal financial situation?

Active-duty families (n=160)



HEALTH AND MENTAL HEALTH



believe COVID-19 has made their mental health worse (n=158)



believe COVID-19 has made their child(ren)'s mental health worse (n=141)



believe COVID-19 has made their personal health worse (n=159)

OVERALL TAKEAWAYS

The majority of Illinois respondents (most of whom are enlisted) reported experiencing financial stress.

Four in five (79%) Illinois military families **struggle to find child** care that works for them.

Despite COVID-19's impact on K-12 education, most Illinois military families believe their children are thriving in school.

COVID-19 has negatively impacted military spouses' employment situation, the majority of whom are women.



Questions about the annual Military Family Lifestyle Survey and how you can offer support? Contact survey@bluestarfam.org

Questions about Blue Star Families' Chicago Chapter? Contact chicago@bluestarfam.org

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