

# 420



## 2020 FLORIDA RESULTS



2020  
MILITARY  
FAMILY  
LIFESTYLE  
SURVEY

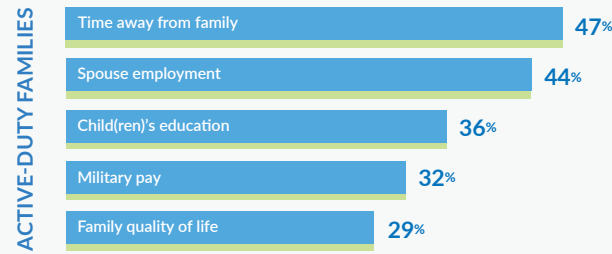
### ACTIVE-DUTY FAMILY RESPONDENTS

Blue Star Families' annual Military Family Lifestyle Survey provides a comprehensive understanding of what it means to serve as a military family.

This infographic represents a geographic cross-section of the 2020 survey results that only includes active-duty families. When referencing this data, please consider the following sample demographics:

- 69% are white, non-Hispanic
- 87% are female
- 81% are active-duty spouses
- 59% are enlisted ranks
- 48% are affiliated with the Navy, 18% Air Force, 14% Army, 10% Coast Guard, and 6% Marine Corps
- The average age of respondents is 36
- 84% have children
- 34% are unpaid caregivers

#### Top Lifestyle Issues (n=392)



#### Top Lifestyle Stressors (n=389)



#### FINANCIAL READINESS



#### Top contributors to current financial stress (n=211)



#### TIME AWAY

**76%**

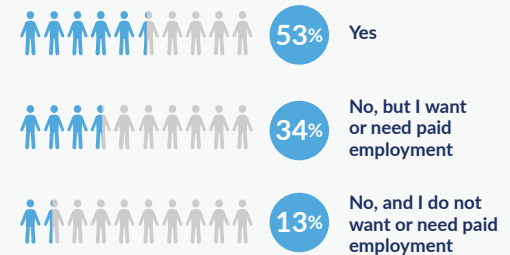
find **OPTEMPO** stressful for healthy work/family life (n=368)

**38%**

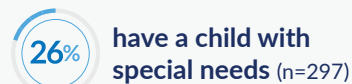
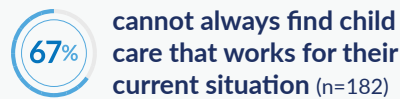
experienced **6+ months** of separation in the last **18 months** (n=334)

#### SPOUSE EMPLOYMENT\*

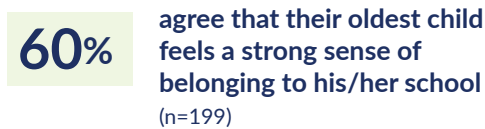
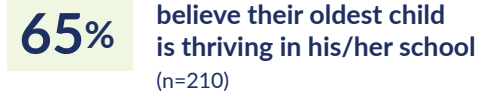
Are you currently employed? (n=243)



#### CHILDREN



#### K-12 EDUCATION



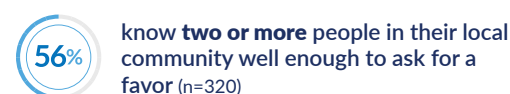
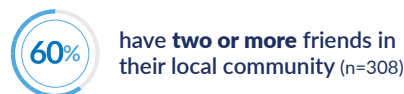
#### MENTAL HEALTH



Top reasons for not receiving care (n=50)

- Difficult to schedule appointment
- Difficult to find child care

#### LOCAL CONNECTIONS



n = total responses to each question OPTEMPO = operational tempo  
\*Active-duty spouses who are not also active-duty service members



IN COLLABORATION WITH



JPMorgan Chase & Co., Founding Partner

FUNDING FOR THE 2020 MILITARY FAMILY LIFESTYLE SURVEY IS PROVIDED THROUGH THE GENEROSITY OF OUR PRESENTING SPONSOR USAA AND FROM SUPPORTING SPONSORS LOCKHEED MARTIN, AARP, CSX, HUNT COMPANIES, BAE SYSTEMS, THE BARRY ROBINSON CENTER, COMCAST, NORTHROP GRUMMAN, WALMART FOUNDATION, AND THE BOEING COMPANY.

## MILITARY CHILDREN'S EDUCATION\*\*

Method of delivery for oldest child (n=217)



In-Person



Online/Virtual



Hybrid



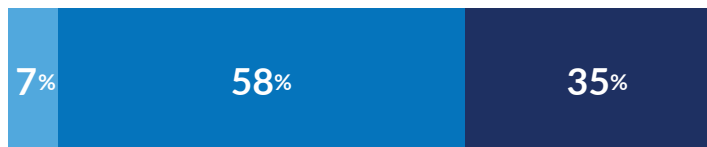
Other

**45%** believe COVID-19 has made their child(ren)'s education worse (n=234)

## EMPLOYMENT

To what degrees did COVID-19 impact your employment situation?

Active-duty spouses (n=217)

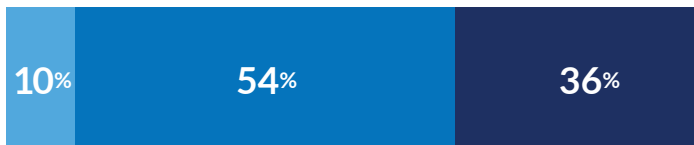


■ Better ■ No change ■ Worse

## FINANCES

To what degree did COVID-19 impact your personal financial situation?

Active-duty families (n=287)



■ Better ■ No change ■ Worse

## HEALTH AND MENTAL HEALTH



believe COVID-19 has made their mental health worse (n=284)



believe COVID-19 has made their child(ren)'s mental health worse (n=237)



believe COVID-19 has made their personal health worse (n=284)

## OVERALL TAKEAWAYS

The majority of Florida respondents (most of whom are enlisted) report experiencing financial stress.

Two-thirds of Florida military families struggle to find child care that works for them.

Roughly a third (35%) of Florida military spouse respondents report COVID-19 worsened their employment situation.



Questions about the annual Military Family Lifestyle Survey and how you can offer support? Contact [survey@bluestarfam.org](mailto:survey@bluestarfam.org)

Questions about Blue Star Families' Florida chapters? Contact [jacksonville@bluestarfam.org](mailto:jacksonville@bluestarfam.org) and [tampa@bluestarfam.org](mailto:tampa@bluestarfam.org)