Blue Star Families’ annual Military Family Lifestyle Survey provides a comprehensive understanding of what it means to serve as a military family.

This infographic represents a geographic cross-section of the 2020 survey results that only includes active-duty families. When referencing this data, please consider the following sample demographics:

- 69% are white, non-Hispanic
- 87% are female
- 81% are active-duty spouses
- 59% are enlisted ranks
- 48% are affiliated with the Navy, 18% Air Force, 14% Army, 10% Coast Guard, and 6% Marine Corps
- The average age of respondents is 36
- 84% have children
- 34% are unpaid caregivers

**ACTIVE-DUTY FAMILY RESPONSIBILITIES**

**2020 FLORIDA RESULTS**

**Top Lifestyle Issues (n=392)**

- Time away from family: 47%
- Spouse employment: 44%
- Children’s education: 36%
- Military pay: 32%
- Family quality of life: 29%

**Top Lifestyle Stressors (n=389)**

- Spouse employment: 43%
- Isolation from family/friends: 42%
- Deployments: 42%
- Financial issues/stress: 39%
- Relocation: 36%

**FINANCIAL READINESS**

- Experience stress due to current financial situation (n=315): 67%

**TIME AWAY**

- Find OPTEMPO stressful for healthy work/family life (n=368): 76%
- Experienced 6+ months of separation in the last 18 months (n=334): 38%

**SPOUSE EMPLOYMENT**

- Are you currently employed? (n=243):
  - Yes: 53%
  - No, but I want or need paid employment: 34%
  - No, and I do not want or need paid employment: 13%

**CHILDREN**

- Cannot always find child care that works for their current situation (n=182): 67%
- Have a child with special needs (n=297): 26%

**K-12 EDUCATION**

- Believe their oldest child is thriving in his/her school (n=210): 65%
- Agree that their oldest child feels a strong sense of belonging to his/her school (n=199): 60%

**LOCAL CONNECTIONS**

- Have two or more friends in their local community (n=308): 60%
- Know two or more people in their local community well enough to ask for a favor (n=320): 56%

**MENTAL HEALTH**

- Do not receive mental health care but would like to (n=274): 19%

**Top reasons for not receiving care**
- Difficult to schedule appointment
- Difficult to find child care

*Active-duty spouses who are not also active-duty service members

## 2020 COVID-19 Impacts in Florida

### Overall Takeaways

The majority of Florida respondents (most of whom are enlisted) report experiencing financial stress.

Two-thirds of Florida military families struggle to find child care that works for them.

Roughly a third (35%) of Florida military spouse respondents report COVID-19 worsened their employment situation.

### Military Children's Education

**Method of delivery for oldest child (n=217)**

<table>
<thead>
<tr>
<th>Method</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>In-Person</td>
<td>51%</td>
</tr>
<tr>
<td>Online/Virtual</td>
<td>35%</td>
</tr>
<tr>
<td>Hybrid</td>
<td>10%</td>
</tr>
<tr>
<td>Other</td>
<td>5%</td>
</tr>
</tbody>
</table>

45% believe COVID-19 has made their child(ren)'s education worse (n=234)

### Finances

To what degree did COVID-19 impact your personal financial situation?

<table>
<thead>
<tr>
<th>Scenario</th>
<th>Active-duty families (n=287)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Better</td>
<td>10%</td>
</tr>
<tr>
<td>No change</td>
<td>54%</td>
</tr>
<tr>
<td>Worse</td>
<td>36%</td>
</tr>
</tbody>
</table>

### Employment

To what degrees did COVID-19 impact your employment situation?

<table>
<thead>
<tr>
<th>Scenario</th>
<th>Active-duty spouses (n=217)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Better</td>
<td>7%</td>
</tr>
<tr>
<td>No change</td>
<td>58%</td>
</tr>
<tr>
<td>Worse</td>
<td>35%</td>
</tr>
</tbody>
</table>

### Health and Mental Health

**Believe COVID-19 has made their mental health worse (n=284)**

57%

**Believe COVID-19 has made their child(ren)'s mental health worse (n=237)**

49%

**Believe COVID-19 has made their personal health worse (n=284)**

43%

Questions about the annual Military Family Lifestyle Survey and how you can offer support? Contact survey@bluestarfam.org

Questions about Blue Star Families' Florida chapters? Contact jacksonville@bluestarfam.org and tampa@bluestarfam.org

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