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ACTIVE-DUTY FAMILY RESPONDENTS

Blue Star Families' annual Military Family Lifestyle Survey (MFLS) provides a comprehensive understanding of what it means to serve as a military family.

This infographic represents a geographic cross-section of the results that **only includes active-duty families**. When referencing this data, please consider the following sample demographics:

- 75% are white, non-Hispanic
- 89% are female
- 76% are active-duty spouses
- 51% are enlisted, 44% officer ranks
- 30% are affiliated with the Army, 24% Air Force, 24% Navy, 9% Coast Guard, and 8% Marine Corps
- The average age of respondents is 38
- 87% have children
- 33% are unpaid caregivers



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JPMorgan Chase & Co., Founding Partner

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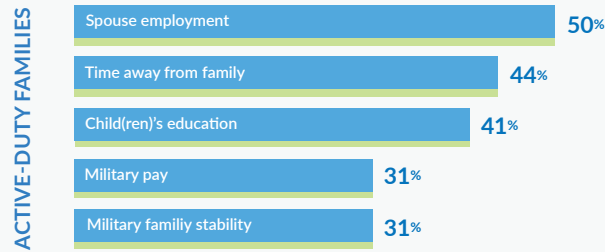


2020 MARYLAND RESULTS



2020 MILITARY FAMILY LIFESTYLE SURVEY

Top Family Issues (n=202)



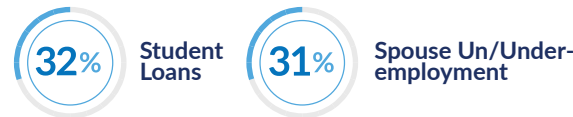
Top Family Stressors (n=200)



FINANCIAL READINESS

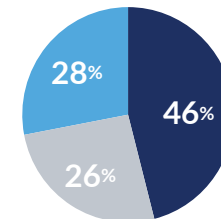


Top contributors to current financial stress (n=99)



HOUSING

Are you satisfied with your military housing?*** (n=46)



■ Satisfied ■ Neutral ■ Dissatisfied



Top factors for choosing current housing:

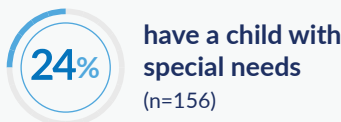
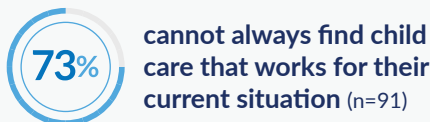
- Distance to base/installation
- Safety of my family
- Desirable school district



BELONGING

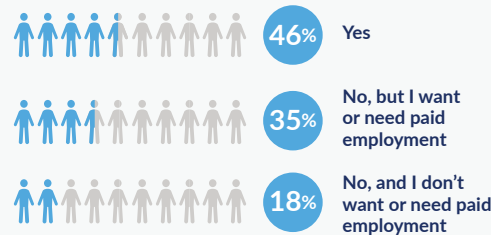
- 53%** feel welcome in their local civilian community (n=189)
- 31%** feel a sense of belonging to their local civilian community (n=190)

CHILDREN

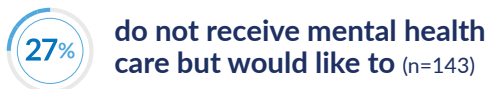


SPOUSE EMPLOYMENT*

Are you currently employed? (n=113)



MENTAL HEALTH



Top reasons for not receiving care: (n=35)

- Difficult to schedule appointment
- Difficult to find child care

LOCAL CONNECTIONS

- 61%** have two or more friends in their local community (n=163)
- 58%** know two or more people in their local community well enough to ask for a favor (n=179)

n = total responses to each question
 *Active-duty spouses who are not also active-duty service members
 **Those residing in military housing on and off installation

MILITARY CHILDREN'S EDUCATION

Method of delivery for oldest child (n=125)



Online/Virtual



Hybrid



In-Person



Other

64% believe COVID-19 has made their child(ren)'s education worse (n=123)

EMPLOYMENT

To what degree did COVID-19 impact your employment situation?

Active-duty spouses (n=102)

10%

52%

38%

■ Better
■ No change
■ Worse

FINANCES

To what degree did COVID-19 impact your personal financial situation?

Active-duty families (n=146)

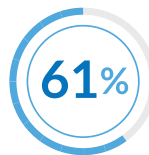
16%

46%

38%

■ Better
■ No change
■ Worse

HEALTH AND MENTAL HEALTH



believe COVID-19 has made their mental health worse (n=148)



believe COVID-19 has made their child(ren)'s mental health worse (n=122)



believe COVID-19 has made their personal health worse (n=146)

OVERALL TAKEAWAYS

The majority of Maryland respondents report experiencing financial stress.

Over a third (38%) of military spouse respondents in Maryland report COVID-19 worsened their employment situation.

Though most (53%) Maryland military family respondents feel welcome in their local civilian communities, **only one in three** feel a sense of belonging to them.

Nearly three in four (73%) military family respondents in Maryland **struggle to find child care that works for their situation.**

Questions about the annual Military Family Lifestyle Survey and how you can offer support? Contact survey@bluestarfam.org

Questions about Blue Star Families' Baltimore Chapter? Contact maryland@bluestarfam.org



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VETERAN FAMILY RESPONDENTS

Blue Star Families' annual Military Family Lifestyle Survey (MFLS) provides a comprehensive understanding of what it means to serve as a military family.

This infographic represents a geographic cross-section of the results that **only includes veteran families**. When referencing this data, please consider the following sample demographics:

- 70% are white, non-Hispanic
- 52% are male
- 69% are veterans, 31% are spouses of veterans
- 45% are affiliated with the Army, 27% Navy, 19% Air Force, 7% Marine Corps, and 1% Coast Guard
- The average age of respondents is 53
- 45% are unpaid caregivers

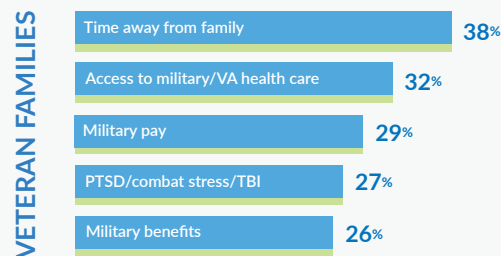


2020 MARYLAND RESULTS

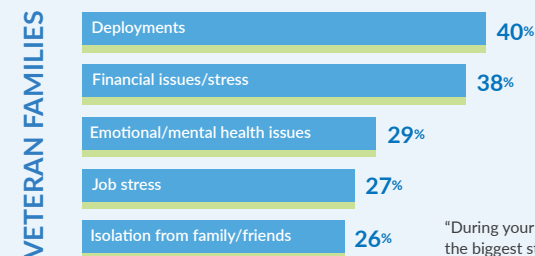


2020
MILITARY
FAMILY
LIFESTYLE
SURVEY

Top Veteran Family Issues (n=142)

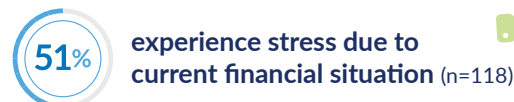


Top Veteran Family Stressors (n=138)



"During your time in the military, what were the biggest stressor(s) in your family?"

FINANCIAL READINESS

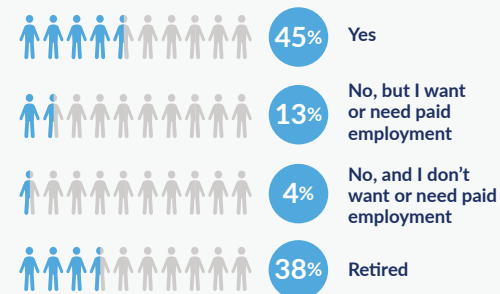


Top contributors to current financial stress (n=59)



VETERAN EMPLOYMENT*

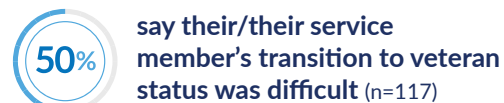
Are you currently employed? (n=76)



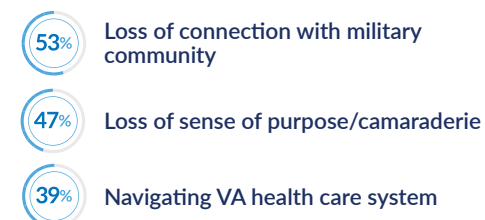
BELONGING



TRANSITIONING

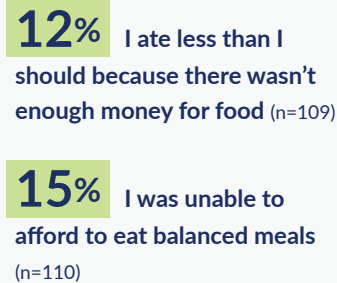


Key transition challenges: (n=122)



FOOD INSECURITY

In the past year, it was sometimes true that:

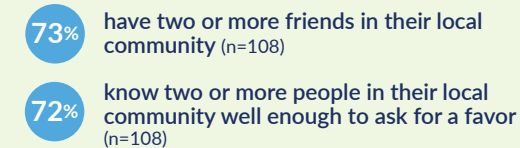


MENTAL HEALTH

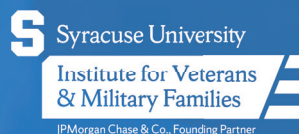
Do you currently receive mental health care? (n=101)



LOCAL CONNECTIONS



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n = total responses to each question *Veteran respondents only