

# 277 RESPONDENTS

Blue Star Families' annual Military Family Lifestyle Survey provides a comprehensive understanding of what it means to serve as a military family.

This infographic represents a geographic cross-section of the 2020 survey results, which includes active-duty families, Veteran families, National Guard families, and Reserve families. When referencing this data, please consider the following sample demographics:

- 74% are white, non-Hispanic
- 76% are female
- 45% are active-duty spouses, 22% are Veterans, 10% are active-duty service members, and 10% are Veteran spouses
- 77% are enlisted ranks
- 63% are affiliated with the Army, 30% Air Force, 3% Navy, and 3% Marine Corps
- The average age of respondents is 41
- 90% have children



IN COLLABORATION WITH



JPMorgan Chase & Co., Founding Partner

FUNDING FOR THE 2020 MILITARY FAMILY LIFESTYLE SURVEY IS PROVIDED THROUGH THE GENEROSITY OF OUR PRESENTING SPONSOR USAA AND FROM SUPPORTING SPONSORS LOCKHEED MARTIN, AARP, CSX, HUNT COMPANIES, BAE SYSTEMS, THE BARRY ROBINSON CENTER, COMCAST, NORTHROP GRUMMAN, WALMART FOUNDATION, AND THE BOEING COMPANY.

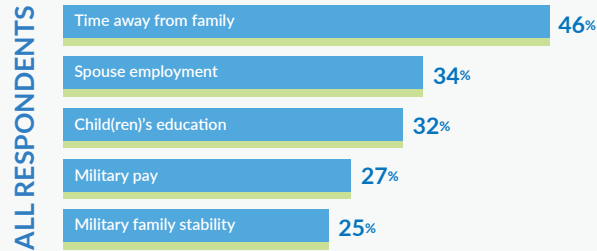


# 2020 MISSOURI RESULTS

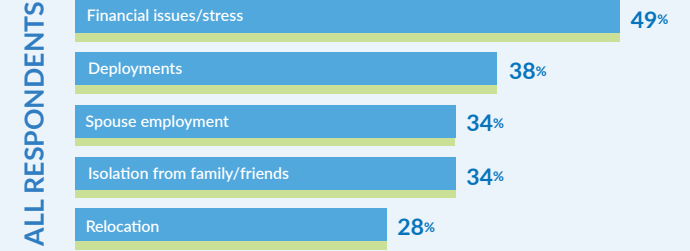


2020 MILITARY FAMILY LIFESTYLE SURVEY

## Top Lifestyle Issues (n=264)



## Top Lifestyle Stressors (n=259)



### FINANCIAL READINESS



#### Top contributors to current financial stress (n=136)



### BELONGING



**56%** feel welcome in their local community (n=245)

**41%** feel a sense of belonging to their local community (n=246)

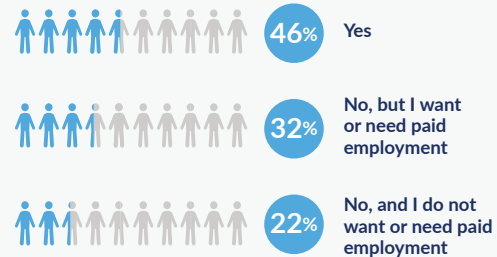
### MENTAL HEALTH

Do you currently receive mental health care? (n=179)



### SPOUSE EMPLOYMENT\*

Are you currently employed? (n=95)



### K-12 EDUCATION

**77%** believe their oldest child is thriving in his/her school (n=100)

**69%** agree that their oldest child feels a strong sense of belonging to his/her school (n=95)

### FOOD INSECURITY



In the past year, it was sometimes true that:

**23%** the food I bought did not last and I did not have money to get more (n=207)

**19%** I was unable to afford to eat balanced meals (n=211)

### CAREGIVING

**40%** have provided unpaid care in the past year (n=233)

**47%** do not have someone who could be a backup caregiver if needed (n=101)



n = total responses to each question \*Active-duty spouses

## MILITARY CHILDREN'S EDUCATION

Method of delivery for oldest child (n=104)



In-Person



Online/Virtual



Hybrid



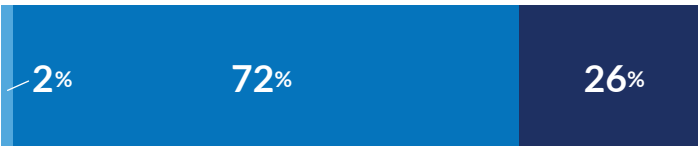
Other

**38%** believe COVID-19 has made their child(ren)'s education worse (n=161)

## EMPLOYMENT

To what degree did COVID-19 impact your employment situation?

Active-duty spouses (n=82)

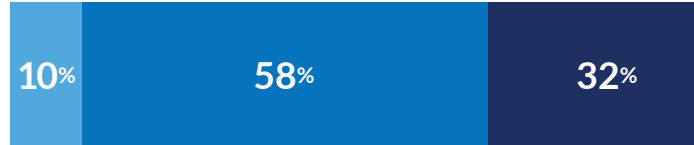


■ Better ■ No change ■ Worse

## FINANCES

To what degree did COVID-19 impact your personal financial situation?

All respondents (n=199)



■ Better ■ No change ■ Worse

## HEALTH AND MENTAL HEALTH



believe COVID-19 has made their mental health worse (n=196)



believe COVID-19 has made their child(ren)'s mental health worse (n=164)



believe COVID-19 has made their personal health worse (n=197)

## OVERALL TAKEAWAYS

The majority of Missouri respondents (most of whom are enlisted) report experiencing financial stress.

Only half (56%) of Missouri military families feel welcome in their community.

Despite COVID-19's impact on K-12 education, most Missouri military families believe their children are thriving in school.

COVID-19 has negatively impacted the employment situation of military spouses; the majority of whom are women.



Questions about the annual Military Family Lifestyle Survey and how you can offer support? Contact [survey@bluestarfam.org](mailto:survey@bluestarfam.org)

Questions about Blue Star Families' Missouri chapter? Contact [missouri@bluestarfam.org](mailto:missouri@bluestarfam.org)