

577

RESPONDENTS INCLUDING MILITARY SPOUSES AND SERVICE MEMBERS

Blue Star Families' annual Military Family Lifestyle Survey (MFLS) provides a comprehensive understanding of what it means to serve as a military family.

This infographic represents a geographic cross-section of 2020 MFLS data that only includes active-duty families.

When referencing this data, please consider the following sample demographics:

- 67% are white, non-Hispanic
- 90% are female
- 85% are active-duty spouses
- 62% are enlisted ranks
- 48% are affiliated with the Navy, 30% Marine Corps, 9% Air Force, 6% Army, and 6% Coast Guard
- The average age of respondents is 36
- 84% have children
- 39% are unpaid caregivers



IN COLLABORATION WITH



JPMorgan Chase & Co., Founding Partner

FUNDING FOR THE 2020 MILITARY FAMILY LIFESTYLE SURVEY IS PROVIDED THROUGH THE GENEROSITY OF OUR PRESENTING SPONSOR USAA AND FROM SUPPORTING SPONSORS LOCKHEED MARTIN, AARP, CSX, HUNT COMPANIES, BAE SYSTEMS, THE BARRY ROBINSON CENTER, COMCAST, NORTHROP GRUMMAN, WALMART FOUNDATION, AND THE BOEING COMPANY.

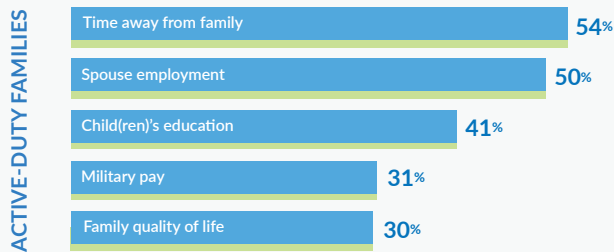


2020 CALIFORNIA RESULTS

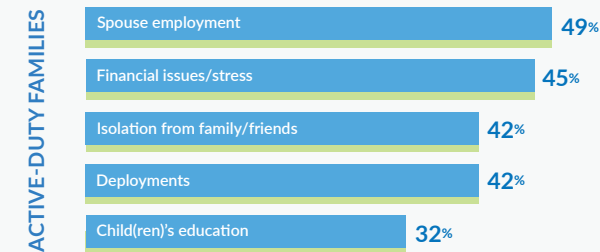


2020 MILITARY FAMILY LIFESTYLE SURVEY

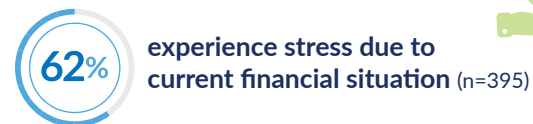
Top Lifestyle Issues (n=283)



Top Lifestyle Stressors (n=283)



FINANCIAL READINESS



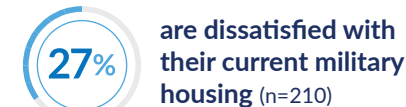
Top contributors to current financial stress (n=243)



HOUSING

Monthly out-of-pocket costs not covered by BAH (n=234)

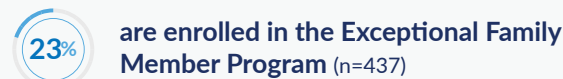
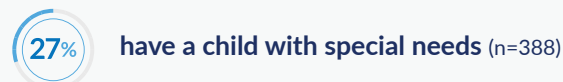
None	21%
Under \$200	22%
\$200 - \$500	36%
\$500+	21%



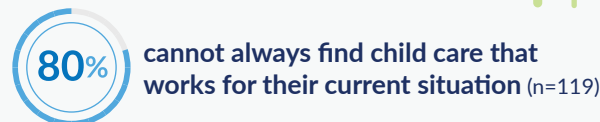
Top factors for choosing current housing (n=397)

- Distance to base/installation
- Safety of my family
- Pets allowed
- BAH fully covers cost

CHILDREN



CHILD CARE

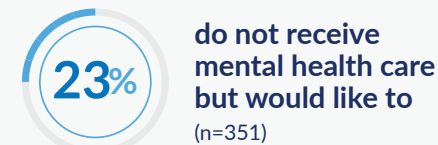


TIME AWAY

74% find OPTEMPO stressful for healthy work/family life (n=501)

36% experienced 6+ months of separation in the last 18 months (n=435)

MENTAL HEALTH



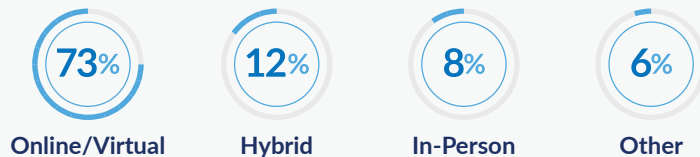
Top reasons for not receiving care (n=79)

- Difficult to schedule appointment
- Difficult to find child care
- Do not want medication

n = total responses to each question BAH = Basic Allowance for Housing OPTEMPO = operational tempo

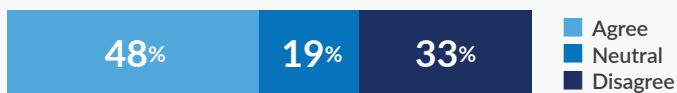
MILITARY CHILDREN'S EDUCATION

Method of delivery for oldest child (n=267)



65% report that COVID-19 has made their children's education worse (n=282)

My oldest child is thriving in his/her school (n=250)



EMPLOYMENT

To what degree did COVID-19 impact your employment situation?

Active-duty spouses (n=294)



FINANCES

To what degree did COVID-19 impact your personal financial situation?

Active-duty families (n=361)



HEALTH AND MENTAL HEALTH

62% believe COVID-19 has made their mental health worse (n=359)

59% believe COVID-19 has made their child(ren)'s mental health worse (n=289)

47% believe COVID-19 has made their personal health worse (n=363)

OVERALL TAKEAWAYS

The majority of California respondents reported they are financially stressed.

Spouse under/unemployment is the top contributor to financial stress.

Over a third (37%) of California military spouse respondents reported **COVID-19 worsened their employment situation.**

Less than half of military family respondents in California believe their oldest child is thriving in their school, and **two thirds believe COVID-19 has made their children's education worse.**

Four in five military family respondents in California **struggle to find child care that works for their situation.**

Questions about the annual Military Family Lifestyle Survey and how you can offer support? Contact survey@bluestarfam.org

Questions about Blue Star Families' San Diego Chapter? Contact sandiego@bluestarfam.org

