



COVID-19 Military Support Initiative

Pain Points Data

Data included here was collected from April 8-14, 2020, as part of CMSI "Pain Points Poll."

Polling and analysis made possible by Booz Allen Hamilton and USAA

Questions about this information should be directed to survey@bluestarfam.org.

Acute Pain Points:

- 91% of military family respondents indicate that **educational services for children are needed in their community during this crisis.**
- 36% of military family respondents are doing about the same as they were 2-4 weeks ago, while **50% say they are doing worse, and 14% say they are doing better.**
- 36% of military family respondents have no pre-existing anxiety or depressive disorder diagnosis, but are **now experiencing symptoms as a result of the crisis.**
- 18% of military family respondents with school-aged children indicate **their child's grades have decreased since the outbreak began**, up from 6% in week one of polling.
- 9% of military family respondents (or their spouses) **have applied for unemployment benefits.**

Military Children:

- 57% of military family respondents with school aged children, **report their child's behavior has changed due to their inability to interact with peers during the outbreak.**
 - 39% indicated their child is **acting out more than usual**

Food Insecurity:

- 9% of military family respondents have a member of their household that is at **high-risk of infection and family cannot shop for groceries or medicine for fear of exposure.**
- 6% of military family respondents indicate a member of their household has **dietary restrictions and family is unable to find the food they need.**

Mental Health:

- 29% of military family respondents indicated that they have an **existing anxiety or depressive disorder diagnosis that has worsened as a result of the crisis.**
- 25% of respondents indicate they have no existing sleep disorder diagnosis, but are **experiencing sleep difficulties as a result of the crisis.**

Community Services:

- 60% of military family respondents would like **grocery delivery or curb-side pick-up.**
- 59% of military family respondents would like **virtual activities of kids.**
- 56% of military respondents would like **more educational services for their children.**
- 50% of military family respondents would like more **communication about resources and services.**