Top 5 issues affecting military-connected families (n=84)

- Impact of deployment on family: 31%
- Amount of time away from family: 26%
- Military pay: 26%
- Understanding of military/Veteran issues among civilians: 24%
- Access to VA healthcare/benefits: 23%

Gender of Respondents (n=89)
- Female: 67%
- Male: 33%

Age of Respondents (n=90)
- 18-29 years old: 3%
- 30-39 years old: 20%
- 40-49 years old: 7%
- 50-59 years old: 20%
- 60+ years old: 24%

Caregiving
- 18% of respondents consider themselves to be an unpaid caregiver (n=72)
- 12% of all respondents report that caregiver respite/support programs in their community are inadequate (n=66)

Length of time in community where respondents currently reside (n=68)
- Less than 2 years: 24%
- 2-4 years: 31%
- 5+ years: 46%

*Total may not equal 100 due to rounding

Quality of community resources available to military-connected families
Not fulfilled by installation

<table>
<thead>
<tr>
<th>Resource</th>
<th>Not Sufficient</th>
<th>Inadequate</th>
<th>Unsure/Don't Know</th>
<th>Sufficient</th>
<th>Outstanding</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medical Care</td>
<td>28</td>
<td>7</td>
<td>15</td>
<td>60</td>
<td>41</td>
</tr>
<tr>
<td>Behavioral Health Care</td>
<td>12</td>
<td>32</td>
<td>18</td>
<td>41</td>
<td>8</td>
</tr>
<tr>
<td>K-12 Education</td>
<td>14</td>
<td>39</td>
<td>12</td>
<td>41</td>
<td>8</td>
</tr>
<tr>
<td>Financial Support Systems</td>
<td>20</td>
<td>32</td>
<td>39</td>
<td>41</td>
<td>8</td>
</tr>
<tr>
<td>Opportunities for Volunteerism</td>
<td>20</td>
<td>32</td>
<td>39</td>
<td>41</td>
<td>8</td>
</tr>
</tbody>
</table>

*Total may not equal 100 due to rounding

Military-connected families and their civilian communities

- 37% of military-connected family respondents feel a sense of belonging to their local civilian community (n=83)

Military-connected family respondents agree that civilians in their local community:
- Are supportive of local military and Veteran families (n=82): 52%
- Truly appreciate the sacrifices made by local military and Veteran families (n=83): 34%
- Truly understand the sacrifices made by local military and Veteran families (n=82): 15%

Respondents identify as:
- 84% white
- 16% Hispanic or Latino/a/x or of Spanish origin
- 3% Black/African American
- 3% Other
- 2% American Indian/Alaska Native
- 1% Asian

In collaboration with
Syracuse University
D’Anselmo Institute for Veterans & Military Families

2021 MILITARY FAMILY LIFESTYLE SURVEY
Just a third of Utah respondents feel a sense of belonging to their local community.

More than half of Utah respondents are experiencing financial stress.

1 in 5 Utah respondents feel that community support for military-connected families is inadequate.

The majority of Utah respondents report medical care in their community is “sufficient” or “outstanding.”

__Financial Readiness__

52% of respondents report their family’s current personal financial condition causes them some or a great deal of stress. (n=67)

__Top Contributors to Their Financial Stress (n=34)__

<table>
<thead>
<tr>
<th>Student loans</th>
<th>Out-of-pocket medical costs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Out-of-pocket housing costs</td>
<td>Other debt</td>
</tr>
</tbody>
</table>

Perceptions of Discrimination in the Military*

Compared to the general U.S. society, there is...

- less racial discrimination (53%, n=58)
- about the same amount of gender discrimination (39%, n=57)
- about the same amount of sexual orientation discrimination (43%, n=54)
- about the same amount of religious discrimination (56%, n=46)

*Respondent sample includes Veteran respondents, many of whom are over the age of 60 and may have been separated from the military for over 20 years.

__Military Children’s Education__

87% of currently-serving respondents with children have one or more children currently enrolled in K-12 education (n=39)

Type of school of oldest child in K-12 (n=34)

- Public school: 74%
- Homeschool: 15%
- Other: 9%
- Private school: 3%

68% agree that their oldest child enrolled in K-12 education is thriving in his/her school (n=25)

**OPTEMPO**

59% of currently-serving respondents characterize OPTEMPO as stressful or very stressful for healthy work/family life (n=44)

__Child Care__

44% of families with a need for child care can find child care that meets their needs (n=25)

Top Resources Regularly Needed (n=37)

- Communication from unit/command
- Access to medical care
- Resources for children’s activities
- Resources for sports/recreation

*Active-duty, National Guard, and Reserve families

Questions about the annual Military Family Lifestyle Survey and how you can offer support? survey@bluestarfam.org

Questions about Blue Star Families’ Utah Chapter? utah@bluestarfam.org

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