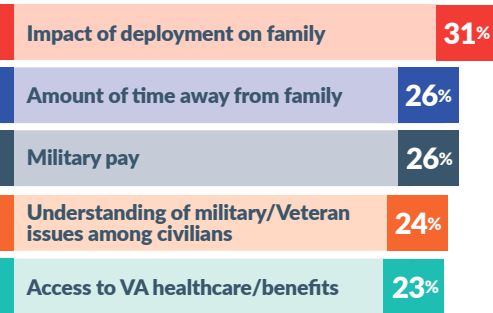


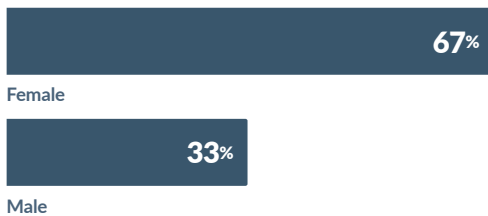


2021 MILITARY FAMILY LIFESTYLE SURVEY

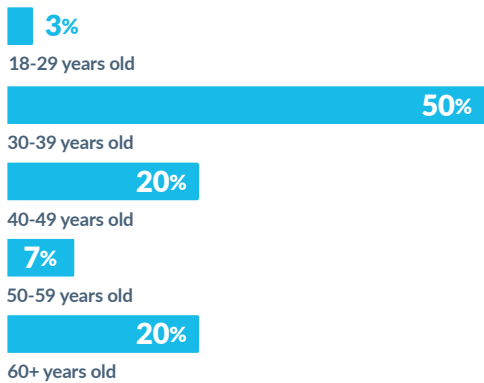
Top 5 issues affecting military-connected families¹ (n=84)



Gender of Respondents (n=89)



Age of Respondents (n=90)



Caregiving

18% of respondents consider themselves to be an unpaid caregiver (n =72)

12%

of all respondents report that caregiver respite/support programs in their community are inadequate (n=66)

90 respondents



This infographic represents a geographic cross-section of 2021 Military Family Lifestyle Survey (MFLS) data, which includes active-duty families, Veteran families, National Guard families, and spouses of Reserve service members.

When referencing this data, please consider the following sample demographics:

- 33% are Veteran/retired service members
- 29% are active-duty spouses
- 14% are National Guard spouses
- 11% are Veteran/retired service member spouses
- 6% are active-duty service members
- 4% are National Guard service members
- 2% are Reserve spouses

Branch affiliation of respondents is:

- 40% Air Force
- 24% Army National Guard
- 12% Army
- 10% Marine Corps
- 6% Navy
- 6% Reserve
- 2% Air National Guard

Respondents identify as:

- 84% white
- 16% Hispanic or Latino/a/x or of Spanish origin
- 3% Black/African American
- 3% Other
- 2% American Indian/Alaska Native
- 1% Asian

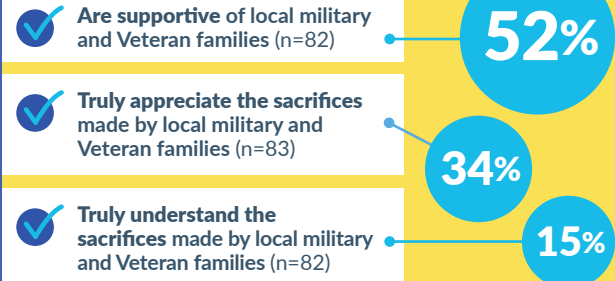
In collaboration with



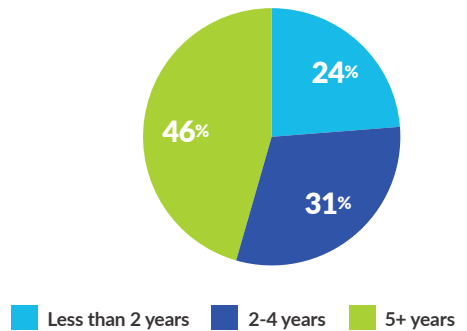
Military-connected families and their civilian communities

37% of military-connected family respondents feel a sense of belonging to their local civilian community (n=83)

Military-connected family respondents agree that civilians in their local community:

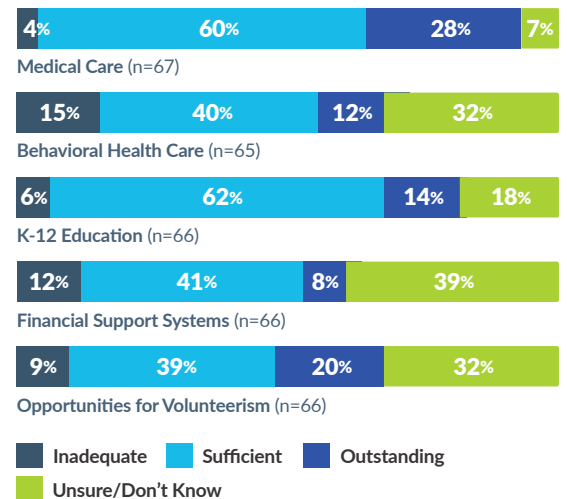


Length of time in community where respondents currently reside (n=68)



*Total may not equal 100 due to rounding

Quality of community resources available to military-connected families Not fulfilled by installation



Inadequate Sufficient Outstanding Unsure/Don't Know

*Total may not equal 100 due to rounding

20%

report that community support (e.g., programming for military members, Veterans, and their families; available and accessible child care) is inadequate

¹MFLS question and answer choice wording changed slightly from previous years.

Snapshot of the military lifestyle



TAKEAWAYS

- >> Just a third of Utah respondents feel a sense of belonging to their local community.
- >> More than half of Utah respondents are experiencing financial stress.

- >> 1 in 5 Utah respondents feel that community support for military-connected families is inadequate.
- >> The majority of Utah respondents report medical care in their community is "sufficient" or "outstanding."

\$ Financial Readiness

52%

report their family's current personal financial condition causes them some or a great deal of stress. (n=67)

Top Contributors to Their Financial Stress (n=34)

Student loans	Out-of-pocket medical costs
Out-of-pocket housing costs	Other debt

Perceptions of Discrimination in the Military*

Compared to the general U.S. society, there is...

- less racial discrimination (53%, n=58)
- about the same amount of gender discrimination (39%, n=57)
- about the same amount of sexual orientation discrimination (43%, n=54)
- about the same amount of religious discrimination (56%, n=46)

*Respondent sample includes Veteran respondents, many of whom are over the age of 60 and may have been separated from the military for over 20 years.

Questions about the annual Military Family Lifestyle Survey and how you can offer support? survey@bluestarfam.org

Questions about Blue Star Families' Utah Chapter? utah@bluestarfam.org

Currently-Serving Military Families*



Military Children's Education

87%

of currently-serving respondents with children have one or more children currently enrolled in K-12 education (n=39)

Type of school of oldest child in K-12 (n=34)



74%

Public school



15%

Homeschool



9%

Other



3%

Private school

68%

68% agree that their oldest child enrolled in K-12 education is thriving in his/her school (n=25)

OPTEMPO

59% of currently-serving respondents characterize OPTEMPO as stressful or very stressful for healthy work/family life (n=44)



Child Care

44%

of families with a need for child care can find child care that meets their needs (n=25)

Top Resources Regularly Needed (n=37)



Communication from unit/command



Resources for children's activities



Access to medical care



Resources for sports/recreation

Funding for the 2021 Military Family Lifestyle Survey is provided through the generosity of our presenting sponsor USAA and from supporting sponsors Lockheed Martin, CSX, CVS Health, AARP, Starbucks, BAE Systems, Northrop Grumman, Walmart Foundation, Verizon, The Barry Robinson Center, and the USO.