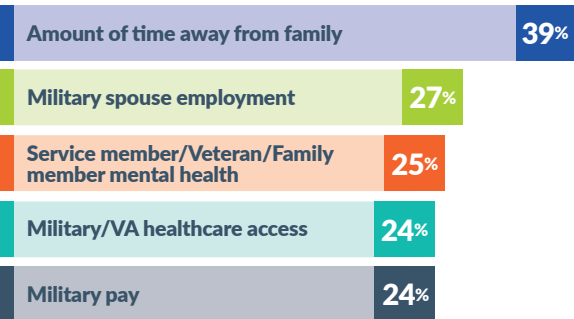
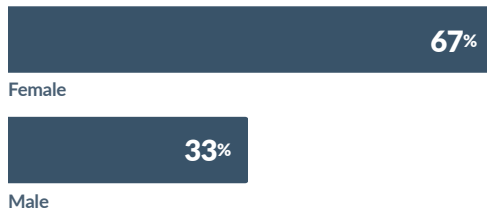


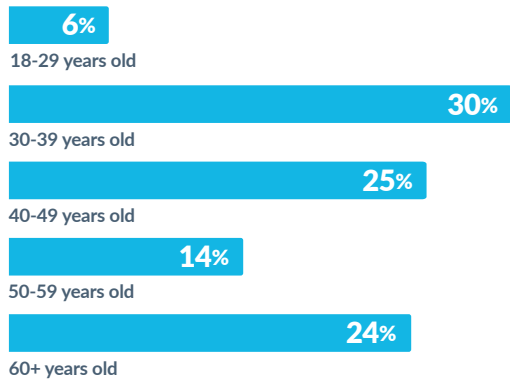
## Top 5 issues affecting military-connected families<sup>1</sup> (n=314)



### Gender of Respondents (n=359)



### Age of Respondents (n=360)



### Caregiving

**24%** of respondents consider themselves to be an unpaid caregiver (n =279)

**21%**

of all respondents report that caregiver respite/support programs in their community are inadequate (n=238)

# 360 respondents

## NEW YORK TRI-STATE AREA



This infographic represents a geographic cross-section of 2021 Military Family Lifestyle Survey (MFLS) data, which includes active-duty families, Veteran families, National Guard families, and Reserve families. When referencing this data, please consider the following sample demographics:

- 36% are spouses of an active-duty service member
- 35% are Veteran/retired service members
- 13% are Veteran/retired spouses
- 6% are active-duty service members
- 3% are National Guard service members
- 3% are National Guard spouses
- 3% are Reserve spouses
- 1% are Reserve service members

### Branch affiliation of respondents is:

- 35% Army
- 26% Navy
- 12% National Guard
- 11% Air Force
- 8% Marine Corps
- 1% Multiple service members in different branches
- <1% U.S. Public Health Service
- <1% Other

### Respondents identify as:

- 76% white
- 12% Hispanic or Latino/a/x or of Spanish origin
- 8% Black/African American
- 5% Asian
- 4% Other
- 2% American Indian/Alaska Native
- 1% Native Hawaiian or other Pacific Islander

In collaboration with

**S** Syracuse University

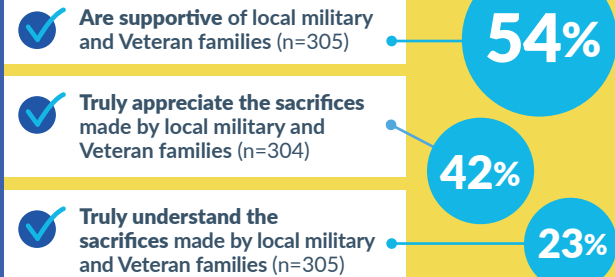
D'Aniello Institute for Veterans & Military Families

JPMorgan Chase & Co., Founding Partner

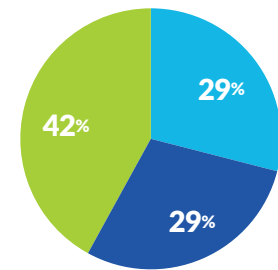
## Military-connected families and their civilian communities

**42%** of military-connected family respondents feel a sense of belonging to their local civilian community (n=307)

Military-connected family respondents agree that civilians in their local community:



### Length of time in community where respondents currently reside (n=251)

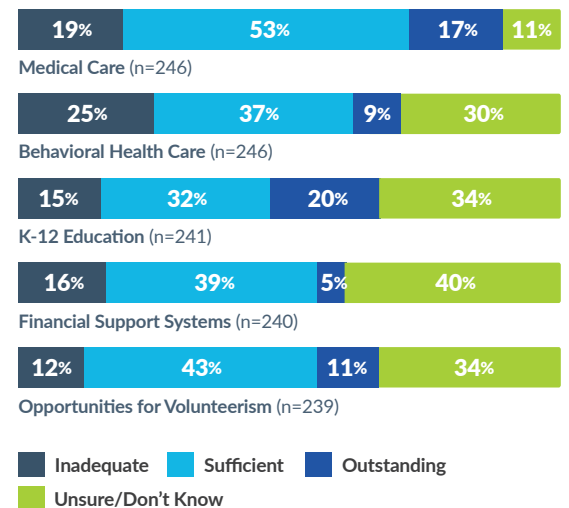


■ Less than 2 years ■ 2-4 years ■ 5+ years

\*Total may not equal 100 due to rounding

### Quality of community resources available to respondents

Not fulfilled by installation



**27%**

report that community support (e.g., programming for military members, Veterans, and their families; available and accessible child care) is inadequate (n=239)

# Snapshot of the military lifestyle



## TAKEAWAYS

- >> Service member/Veteran/family member mental health is a top issue for New York respondents; 1 in 4 believe community resources for behavioral health are inadequate.
- >> Half of New York respondents report experiencing stress due to their financial situation.

- >> A quarter of New York respondents identify as unpaid caregivers.
- >> OPTEMPO is a source of stress for most active-duty family respondents.

## \$ Financial Readiness

51%

report their family's current personal financial condition causes them some or a great deal of stress. (n=245)

### Top Contributors to Financial Stress (n=120)

Spouse un/under-employment	Student loans
Excessive credit card debt	Major home repairs

### Perceptions of Discrimination in the Military\*

Compared to the general U.S. society, there is...

- about the same amount of racial discrimination (50%, n=208)
- about the same amount of gender discrimination (43%, n=209)
- about the same amount of sexual orientation discrimination (50%, n=200)
- about the same amount of religious discrimination (52%, n=202)

\*Respondent sample includes Veteran respondents, some of whom are over the age of 60.

Questions about the annual Military Family Lifestyle Survey and how you can offer support? [survey@bluestarfam.org](mailto:survey@bluestarfam.org)

Questions about Blue Star Families' New York Tri-State Chapter? [newyork@bluestarfam.org](mailto:newyork@bluestarfam.org)

## Active-Duty Families (n=129)

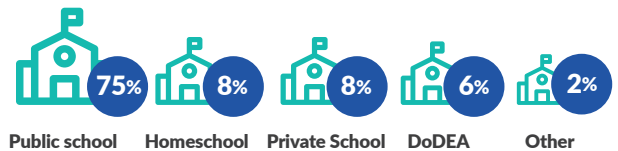


### Military Children's Education

83%

of active-duty family respondents with children have one or more children currently enrolled in K-12 education (n=114)

### Type of school of oldest child in K-12 (n=95)



### OPTEMPO

71% of active-duty family respondents characterize OPTEMPO as stressful or very stressful for healthy work/family life (n=135)



### Child Care

19%

of families with a need for child care are able to find child care that meets their needs (n=59)



### Spouse Employment\* (n=77)



\*Active-duty spouses who are not also active-duty service members

Funding for the 2021 Military Family Lifestyle Survey is provided through the generosity of our presenting sponsor USAA and from supporting sponsors Lockheed Martin, CSX, CVS Health, AARP, Starbucks, BAE Systems, Northrop Grumman, Walmart Foundation, Verizon, The Barry Robinson Center, and the USO.