

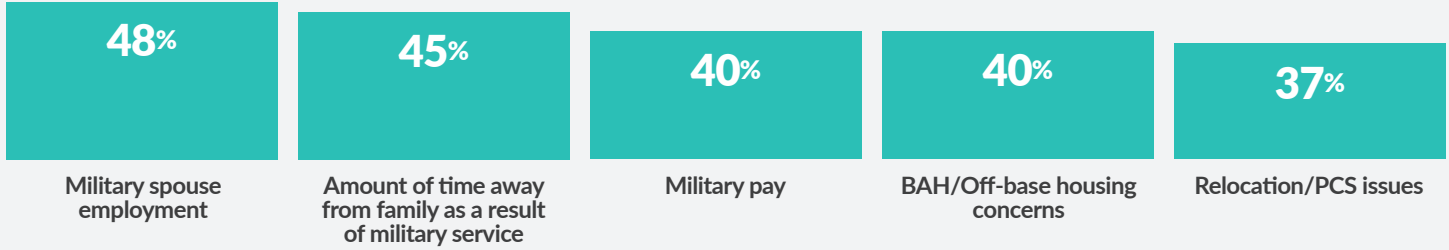
9,363 respondents
including active-duty,
National Guard and Reserve
service members, Veterans,
and their family members.



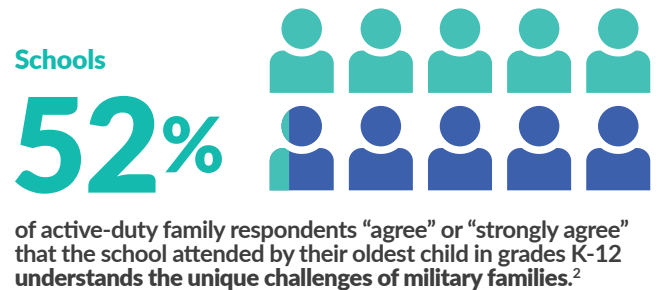
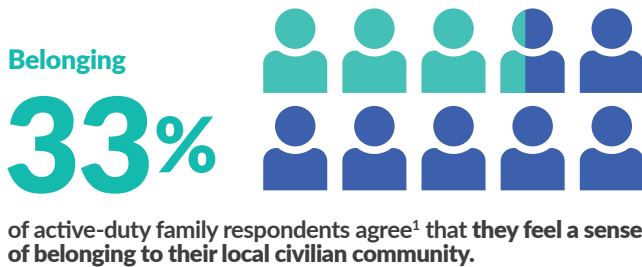
**Military Family
Lifestyle Survey**

Presenting Sponsor
USAA THE USAA
FOUNDATION

Top 5 Issues for Active-Duty Families in 2022



Active-Duty Families and Their Civilian Communities



Resources
Most commonly used civilian resources:

Sports/recreation for children and/or family members

Health care

Social support resources

Active-Duty Family Mental Health

Desire for mental health care

23%

of active-duty family respondents report they do not currently receive mental health care, but would like to receive it.

16%

of active-duty family respondents with at least one child in grades K-12³ report their child (or children) does not currently receive mental health care, but they would like them to receive it.

32%

of active-duty family respondents with at least one child in grades K-12⁴ had a child experience bullying on school property.⁵

20%

of active-duty family respondents reported having an adult friend or family member who expressed suicidal thoughts, made a suicide attempt, or died by suicide in the year prior to survey fielding.

¹ Respondents who "somewhat agree," "agree," or "strongly agree" with the statement "I feel a sense of belonging to my local civilian community." Question and answer choice wording changed slightly from previous MFLS surveys.
² Active-duty family respondents with at least one child enrolled in K-12 education for the 2021-2022 school year were asked to think about their oldest child in grades K-12 when responding to child education questions.
³ For the 2021/2022 school year.
⁴ In the 12 months prior to survey fielding.

Financial Stress

72%

of active-duty family respondents report their family financial situation as “doing okay” or “living comfortably.”

Top Contributors to Financial Stress⁶



Housing

81%



of active-duty family respondents who reported monthly housing expenses not covered by their BAH also reported paying in excess of \$200 per month⁷ out-of-pocket.

Spouse Employment⁸

Labor force participation rate

65%

Compared to national labor force participation rate⁹ – 72%

Employed (in labor force)

79%

Among those who are working



Working full time



Working part time

Unemployed (in labor force)

21%

Compared to national unemployment rate¹⁰ – 6%

2 in 5

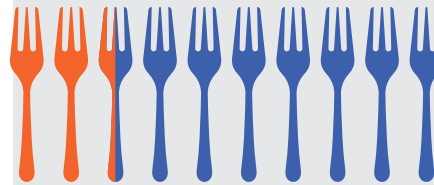
active-duty spouse respondents¹¹ report “Child care is too expensive” as the top reason they are not working.

Food Insecurity

16%

of active-duty family respondents reported experiencing low/very low food security levels.¹²

However, that number changes when broken down:

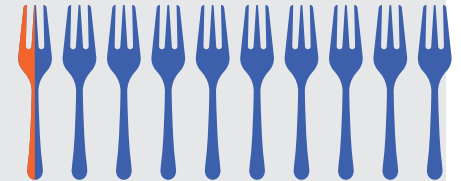


26%

Enlisted active-duty family respondents with low/very low food security

4%

Officer active-duty family respondents with low/very low food security



⁶ For active-duty families who indicated they have financial stress.

⁷ The anticipated monthly housing cost-share is \$74-\$168.

⁸ Active-duty spouse respondents who are not also active-duty service members.

^{9,10} Civilian comparison group data comes from statistics reported for women, age 18-44, in the Current Population Survey (CPS) 2021 Annual Average Employment Status (not seasonally adjusted).

¹¹ Active-duty spouse respondents who are not also an active-duty service member and who want or need to work but are not currently employed.

¹² In the 12 months preceding survey fielding.

