

159 military-connected respondents¹ including active-duty, National Guard, Reserve, and Veteran service members and spouses.



Military Family Lifestyle Survey

Missouri Chapter
Established: April 2013



Top Issues for Missouri Military-Connected Family Respondents

(n=137)



Active-Duty Families

Spouse Employment



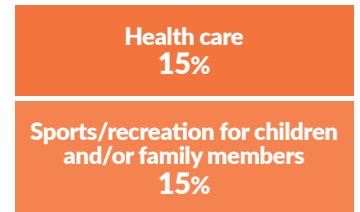
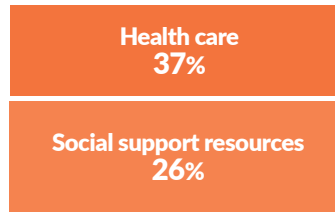
Of those who are employed² (n=22)



Resource Access

Top military resources used by active-duty family respondents (n=35)

Top civilian resources used by active-duty family respondents (n=33)

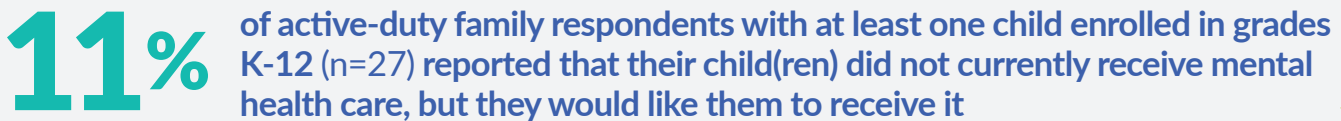


Child Care



>> Only 28% of those with a need for child care (n=29) are able to find care that works for their situation

Children's Mental Health



Veterans

78% of Veteran respondents (n=51) say they have a service-connected disability

38% of those with a service-connected disability (n=39) have a 100% rating

57% of Veteran respondents (n=37) utilize the VA to meet all of their health care needs

59% of Veteran respondents (n=22) "agree" or "strongly agree" that their doctor/provider they see the most often is knowledgeable of health needs faced by the military/Veteran populations

Funding for the 2022 Military Family Lifestyle Survey is provided through the generosity of our presenting sponsor The USAA Foundation, Inc.

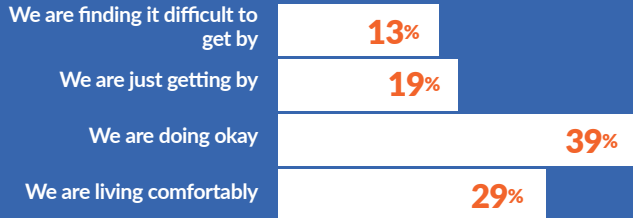
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¹ Military-connected respondents includes active-duty, National Guard, Reserve, and Veteran family respondents.

² Working either part time (<35 hours per week) or full -time (35+ hours per week).

Financial Security

Military-connected respondents' family financial situation (n=95)



Top contributors to financial stress among military-connected respondents with financial stress (n=78)

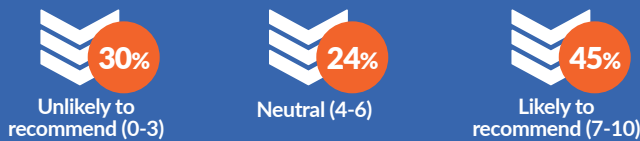


Mental Health

19% of military-connected respondents (n=97) do not currently receive mental health care but would like to receive it

Recommending Military Service³

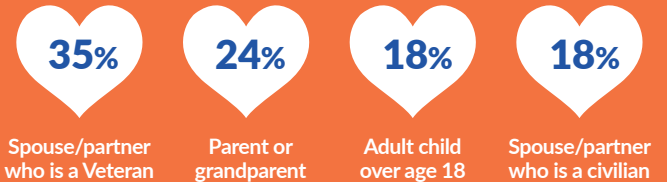
Military-connected respondents (n=139)



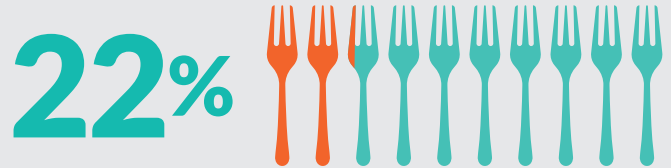
Caregiving



Provided care for (n=17)

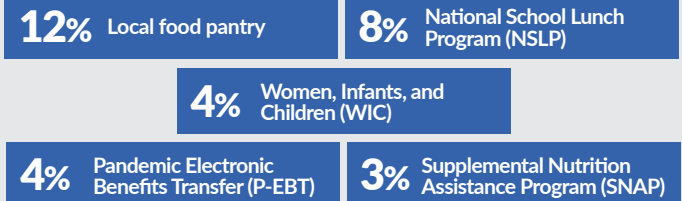


Food Support Program Usage



of Missouri military-connected respondents (n=93) utilized a food support program during the 12 months preceding survey fielding

Programs utilized (n=20)



Blue Star Families' annual Military Family Lifestyle Survey provides a comprehensive understanding of what it means to serve as a military family. For that reason it is a blueprint for strengthening America and identifying how we can continue to enhance military family life.

Military Affiliation (n=159): Active-Duty Service Member (11%), Spouse (32%); National Guard Service Member (1%), Spouse (3%); Reserve Service Member (3%), Spouse (1%); Veteran/Retired Service Member (37%), Spouse (13%)

Racial/Ethnic Identity (n=159): American Indian/Alaska Native (8%), Asian (6%), Black/African American (14%), Hispanic or Latino/a/x or of Spanish origin (6%), Native Hawaiian or other Pacific Islander (2%), Some other race or ethnicity (1%), White (77%)

³ Question Text: How likely are you to recommend that a young family member (child, niece, nephew, etc) join the military? Range: 0 = very unlikely to recommend, to 10 = very likely to recommend.

⁴ Unpaid caregiving is defined as all tasks related to the care for ongoing medical, mental health, or developmental conditions, or serious short-term ones.

Scan this QR code for more on our annual Military Family Lifestyle Survey

