Top Issues for Military-Connected Family Respondents (n=412)

<table>
<thead>
<tr>
<th>Issue</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Military Spouse Employment</td>
<td>46%</td>
</tr>
<tr>
<td>Amount of time away from family</td>
<td>35%</td>
</tr>
<tr>
<td>Dependent child(ren)’s education</td>
<td>33%</td>
</tr>
<tr>
<td>BAH/Off-base housing concerns</td>
<td>32%</td>
</tr>
<tr>
<td>Military Pay</td>
<td>32%</td>
</tr>
</tbody>
</table>

Active-Duty Families

Spouse Employment

14% of NCR active-duty spouse respondents (n=205) are unemployed.

Mental Health

27% of active-duty family respondents (n=217) do not currently receive mental health care themselves but would like to receive it.

Children’s Mental Health

16% of active-duty family respondents with at least one child enrolled in grades K-12 (n=136) reported that their child(ren) did not currently receive mental health care, but would like them to receive it.

Military Children’s Education

33% of active-duty respondents with a child enrolled in K-12 education (n=123) report their oldest child has attended 5 or more schools.

52% (n=121) agree that their oldest child’s school understands the impact of frequent moves on my child.

52% (n=125) agree that their oldest child’s school understands the unique challenges of military families.

Funding for the 2022 Military Family Lifestyle Survey is provided through the generosity of our presenting sponsor The USAA Foundation, Inc. Supporting sponsors include JP Morgan Chase & Co., Lockheed Martin, CSX, AARP, Craig Newmark Philanthropies, Macy’s Inc., BAE Systems, Northrop Grumman, American Council of Life Insurers, and Pratt & Whitney.
Financial Security

NCR military-connected respondents who describe their family financial situation as “just getting by” or “finding it difficult to get by”:

- **18%** Military-connected respondents of color (n=73)
- **11%** White military-connected respondents (n=190)

Top contributor to financial stress among all NCR military-connected respondents who have financial stress (n=202):

- **Housing costs** 67%

Outdoor Activities

- **18%** of military-connected respondents (n=305) participate in outdoor activities.

Of those who participate in outdoor activities (n=287), the most common are:

- **95%** Hiking/walking/running
- **51%** Water based activities
- **44%** Biking

Recommending Military Service

Military-connected respondents (n=418)

- **23%** Unlikely to recommend (0-3)
- **30%** Neutral (4-6)
- **47%** Likely to recommend (7-10)

Caregiving

- **17%** of military-connected respondents consider themselves to be an unpaid caregiver (n=415)

“...It gets people out of their comfort zone, their locale, makes them build confidence that they are adults out in the world now.”

Air Force Reserve Service Member and Active-duty Spouse

---

**Blue Star Families’ annual Military Family Lifestyle Survey provides a comprehensive understanding of what it means to serve as a military family. For that reason it is a blueprint for strengthening America and identifying how we can continue to enhance military family life.**

**Military Affiliation** (n=460): Active-Duty Service Member (8%), Spouse (59%); National Guard Service Member (1%), Spouse (2%); Reserve Service Member (2%), Spouse (1%); Veteran/Retired Service Member (1%), Spouse (10%)

**Racial/Ethnic Identity** (n=456): American Indian/Alaska Native (2%), Asian (7%), Black/African American (9%), Hispanic or Latino/a/x or of Spanish origin (8%), Middle Eastern or Northern African (<1%), Native Hawaiian or other Pacific Islander (<1%), Some other race or ethnicity (2%), White (79%)

1. Military-connected respondents of color include those who selected American Indian/Alaska Native, Asian, Black/African American, Hispanic or Latino/a/x or of Spanish origin, Middle Eastern or North African, or Native Hawaiian or other Pacific Islander. They could also select White and/or a write-in option, but not as the only option.

2. Question Text: How likely are you to recommend that a young family member (child, niece, nephew, etc.) join the military?” Range: 0 = very unlikely to recommend, — 10 = very likely to recommend.