

Military Family Lifestyle Survey

Top Issues for New York Tri-State Military-Connected Family Respondents



36%

Amount of time away

from family

Access to military/VA health care systems

34%

33%

Impact of deployment on family

26%

Understanding of military/veteran issues among civilians

Active-Duty Families

Spouse Employment

16% 22222222

of New York Tri-State active-duty spouse respondents (n=66) are unemployed

Of those who are employed (n=37)





Resource Access

Top military resources used (n=69) Top civilian resources used (n=67)

Social support resources 39%

38%

Health care

Mental health resources 24%

Health care 22%

Child Care



of active-duty family respondents (n=73) with at least one child have some level of need for child care

>> Only 37% of those with a need for child care (n=49) are able to find child care that works for their situation



of active-duty family respondents with child(ren) ages 20 or younger (n=74) have at least one child enrolled in K-12 education



of active-duty respondents with a child enrolled in K-12 education (n=46) agree that their school understands the unique

oldest child's school understands the unique challenges of military families

Mental Health



19%

of active-duty family respondents with at least one child enrolled in grades K-12 (n=71) report that their child(ren) did not currently receive mental health care, but they would like them to receive it

of active-duty family respondents with at least one children enrolled in grades K-12 (n=51)

31%

in grades K-12 (n=51)
report their child has
experienced bullying on
school property¹



Military Family Lifestyle Survey



Financial Security



of military connected family respondents (n=216) describe their financial situation as "just getting by" or "finding it difficult to get by"

Top contributor to financial stress among those military-connected respondents who have financial stress (n=159):

Housing costs





of active-duty family respondents (n=60) report they have monthly out-of-pocket housing costs not covered by their BAH



of those with out-of-pocket costs (n=33) pay \$200 or more

Recommending Military Service³

Military-connected respondents (n=323)







Caregiving



26%

of military connected-respondents (n=207) consider themselves to be an unpaid caregiver²

Who is providing care for (n=53)

38%

Child under 18

years of age

Spouse/

partner who is

30%

Parent or

grandparent

11%

Adult child over 18 years **9**%

Spouse/ partner who is

Food Support Program Usage



of New York Tri-State military-connected respondents (n=206) utilized a food support program during the 12 months preceding survey fielding

Most commonly used programs (n=52)

12% Local food pantry

Pandemic Electronic Benefits Transfer (P-EBT)

5% Supplemental Nutrition Assistance Program (SNAP)

K BLUE STAR FAMILIES

Blue Star Families' annual Military Family Lifestyle Survey provides a comprehensive understanding of what it means to serve as a military family. For that reason it is a blueprint for strengthening America and identifying how we can continue to enhance military family life.

Military Affiliation (n=379) Active-Duty Service Member (6%), Spouse (28%); National Guard Service Member (3%), Spouse (5%); Reserve Service Member (1%), Spouse (2%); Veteran/Retired Service Member (42%), Spouse (13%)

Racial/Ethnic Identity (n=378) American Indian/Alaska Native (3%), Asian(5%), Black/African American (9%), Hispanic, Latino/a/x, or of Spanish origin (11%), Middle Eastern or Northern African (1%), Native Hawaiian or other Pacific Islander (1%), Some other race or ethnicity (3%), White (78%)

Military-connected respondents includes active-duty, National Guard, Reserve, and Veteran family respondents

- ² Unpaid caregiving is defined as all tasks related to the care for ongoing medical, mental health, or developmental conditions, or serious short-term ones.
- ³ Question Text: How likely are you to recommend to a young family member (child, niece, nephew, etc.) join the military?" Range: 0 = very unlikely to recommend, 10 = very likely to

Scan this QR code for more on our annual Military **Family Lifestyle Survey**

