

266 military-connected respondents including active-duty, National Guard, Reserve, and Veteran service members and spouses.

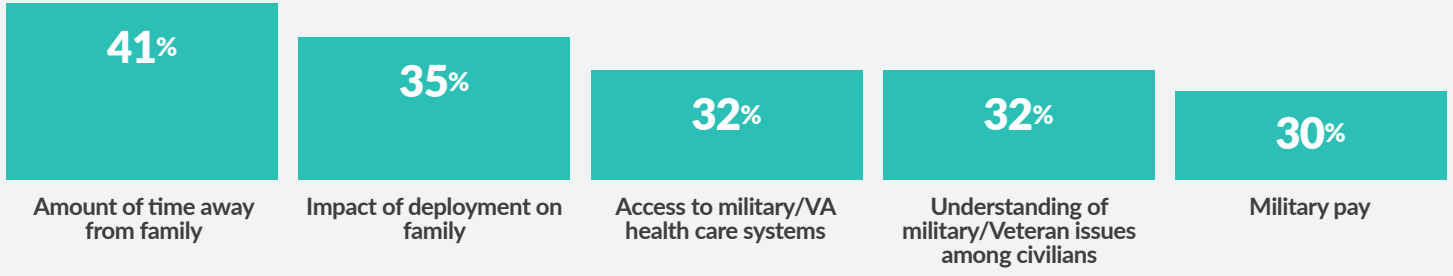


Military Family Lifestyle Survey



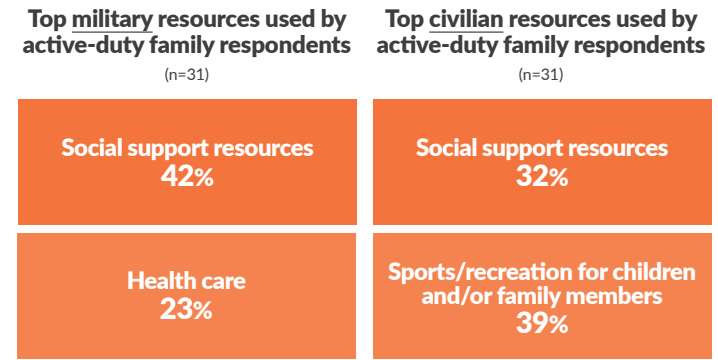
New England Chapter
(ME, VT, NH, MA, RI and CT¹)
Established: July 2022
Delivered by CSX

Top Issues for New England Military-Connected Family Respondents (n=222)



Active-Duty Families

Resource Access



Children's Mental Health

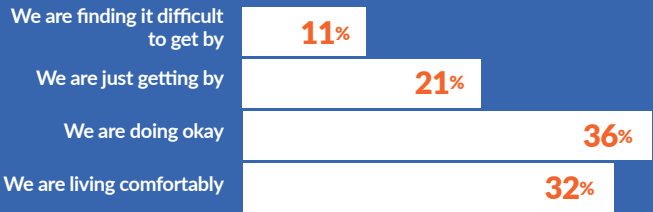
22%



of active-duty family respondents with at least one child enrolled in grades K-12 (n=27) reported that their child(ren) did not currently receive mental health care, but they would like them to receive it

Financial Security

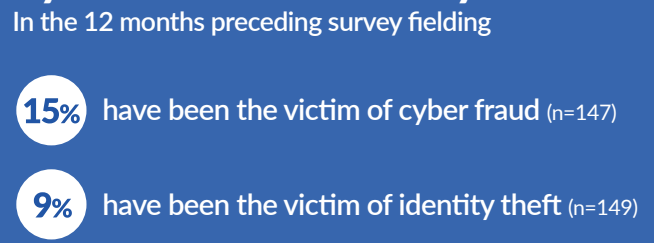
Military-connected respondents' family financial situation (n=149)



Top contributors to financial stress among military-connected respondents with financial stress (n=115)



Cyber Fraud and Identity Theft²



Funding for the 2022 Military Family Lifestyle Survey is provided through the generosity of our presenting sponsor The USAA Foundation, Inc.
Supporting sponsors include JP Morgan Chase & Co., Lockheed Martin, CSX, AARP, Craig Newmark Philanthropies, Macy's Inc., BAE Systems, Northrop Grumman, American Council of Life Insurers, and Pratt & Whitney.
¹ Data points for CT respondents are also represented in the New York Tri-State chapter infographic due to chapter geographical boundaries.
² Cyber fraud is the crime committed via a computer with the intent to corrupt another individual's personal and financial information stored online. Identity theft is the fraudulent acquisition and use of a person's private identifying information, usually for financial gain.

Outdoor Activities

84% of military-connected respondents (n=149) participate in some kind of outdoor activity

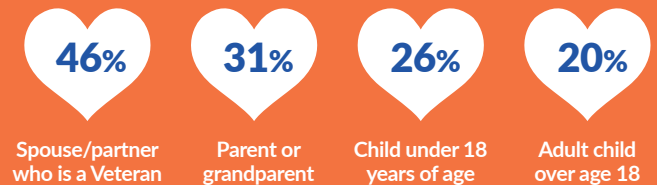
Among those who participate in outdoor activities (n=125), the most common are:



Caregiving

24% of military-connected respondents (n=146) consider themselves to be an unpaid caregiver³

Most commonly providing care for (n=35)



Mental Health

14% of military-connected respondents (n=152) do not currently receive mental health care but would like to receive it

Recommending Military Service⁴

Military-connected respondents (n=223)



GI Bill Use⁵

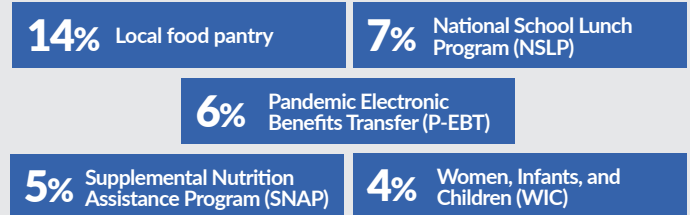
Has anyone in your family used GI Bill Benefits? (n=145)



Food Support Program Usage

28% of military-connected respondents (n=145) utilized a food support program during the 12 months preceding survey fielding

Programs utilized (n=40)



Blue Star Families' annual Military Family Lifestyle Survey provides a comprehensive understanding of what it means to serve as a military family. For that reason it is a blueprint for strengthening America and identifying how we can continue to enhance military family life.

Military Affiliation (n=266) Active-Duty Service Member (2%), Spouse (23%); National Guard Service Member (3%), Spouse (5%); Reserve Service Member (2%), Spouse(3%); Veteran/Retired Service Member (46%), Spouse (17%)

Racial/Ethnic Identity (n=260) American Indian/Alaska Native (4%), Asian (3%), Black/African American (4%), Hispanic or Latino/a/x or of Spanish origin (6%), Middle Eastern or North African (<1%), Some other race or ethnicity (4%), White (87%)

Military-connected respondents includes active-duty, National Guard, Reserve, and Veteran family respondents

³ Unpaid caregiving is defined as all tasks related to the care for ongoing medical, mental health, or developmental conditions, or serious short-term ones.

⁴ Question Text: How likely are you to recommend that a young family member (child, niece, nephew, etc) join the military? Range: 0 = very unlikely to recommend, to 10 = very likely to recommend.

⁵ Eligibility for the GI Bill is based on many factors including discharge status, time and length of service, time since separation from service, etc. GI Bill And Other Education Benefit Eligibility | Veterans Affairs (va.gov).

Scan this QR code for more on our annual Military Family Lifestyle Survey

