

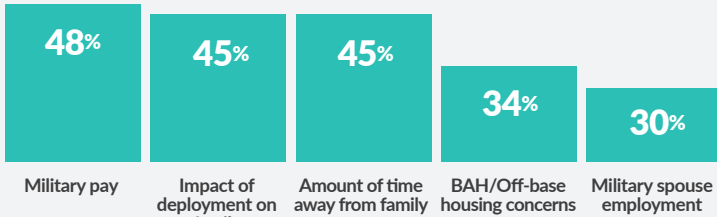
121 military-connected respondents including active-duty, National Guard, Reserve, and Veteran service members and spouses.



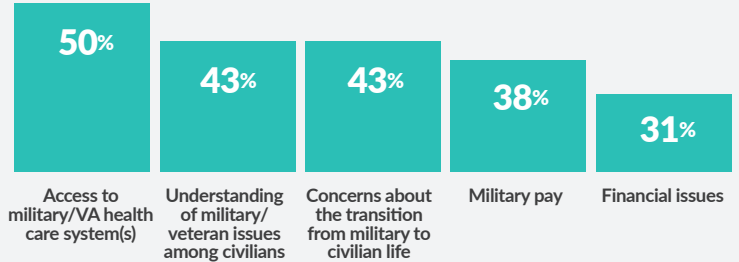
Military Family Lifestyle Survey



Top Issues for Currently Serving¹ Family Respondents (n=56)



Top Issues for Veteran² Family Respondents (n=42)



Currently-Serving Military Families

Spouse Employment



of currently-serving spouses (n=36) are unemployed

Of those who are employed³ (n=16)



are only self-employed



are both self-employed & working as a paid employee for someone else

Resource Access

Top military resources used by active-duty family respondents (n=32)

Health care	28%
Mental health resources	16%
Social support resources	16%

Top civilian resources used by active-duty family respondents (n=29)

Sports/recreation	38%
Health care	31%
Social support resources	24%

“...Would love to see more gathering opportunities for National Guard children. They may not have parents gone consistently but they do face the same struggles.”

Army National Guard Spouse



Children's Mental Health

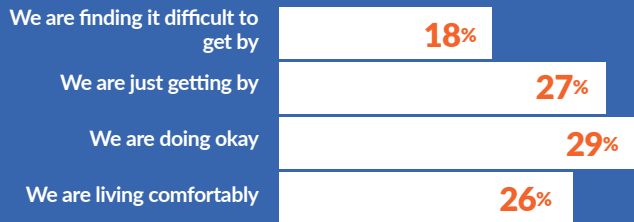
14%

of Utah's currently-serving respondents with at least one child enrolled in grades K-12 (n=21) reported that their child(ren) did not currently receive, but they would like them to receive, mental health care.

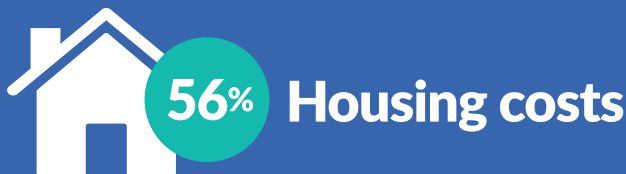
¹ Currently serving families include active-duty service members, spouse/domestic partner of active-duty service members, National Guard service members, spouse/domestic partner of National Guard service members, Reserve service members, and spouse/domestic partner of Reserve service members.
² Veteran family respondents include Veteran/retired service members and Spouse/domestic partner of a Veteran/retired service member.
³ Working either part time (<35 hours per week) or full -time (35+ hours per week).

Financial Security

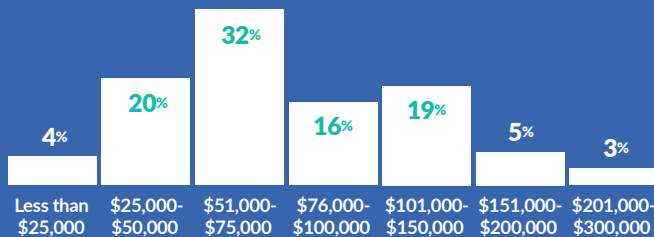
Military-connected respondents' family financial situation (n=77)



Top contributor to financial stress among those who are financially stressed (n=63)



Yearly household income⁴ (n=118)



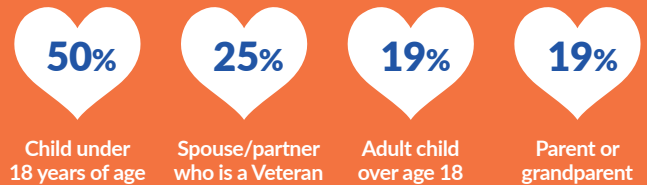
Mental Health

18% of military-connected respondents (n=76) do not currently receive mental health care but would like to receive it

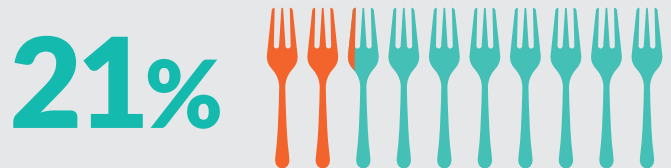
Caregiving



Who provided care for (n=16)

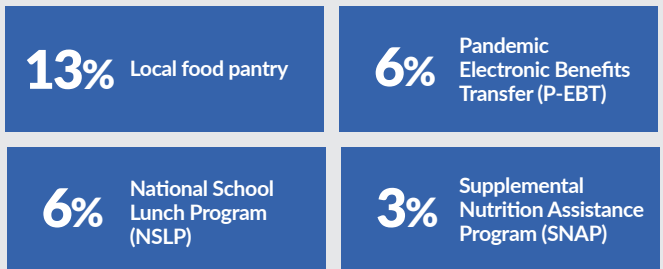


Food Support Program Usage



of Utah military-connected respondents (n=72) utilized a food support program during the 12 months preceding survey fielding

Programs utilized (n=15)



⁴ Gross, pre-tax income for 2021.

⁵ Unpaid caregiving is defined as all tasks related to the care for ongoing medical, mental health, or developmental conditions, or serious short-term ones.

